



CENTRE FOR GRIEF & HEALING
Bereaved Families of Ontario -
Halton / Peel

2SLGBTQIA+ Community-Based Grief & Mental Health Workshop Support

“Workshop Developer & Co-Facilitator”

About the Centre for Grief and Healing:

Providing free grief support, education, resources, and awareness for individuals aged 6 and up, we are committed to creating safer spaces for those navigating loss. Our services include one-to-one and group supports, as well as specialized programs based on community needs and the availability of peer supporters. We offer ongoing grief support groups for Friends and Family Loss, Partner Loss, and Parent and Guardian Loss, alongside additional time-limited programs designed to address specific types of grief and/or communities. Through education and awareness, we strive to foster understanding, reduce stigma, and empower individuals in their grief journeys.

Placement Overview:

We are seeking a student placement learner to actively develop and co-facilitate a community-based grief and mental health workshop series. This placement is hands-on and project-focused, with the student playing a central role in co-designing, shaping, and delivering a structured four-week workshop alongside experienced facilitators.

This (unpaid) role is well suited to a student who is interested in grief, mental health, peer support, embodied wellness, and community-led care, and who wants direct experience in both program development and group facilitation.

The student will support the **development and co-facilitation** of a four-week grief and mental health workshop series designed specifically for 2SLGBTQIA+ communities.

The workshop series is delivered once per week near the end of the student's placement (1.5 hours per session) and follows a structured format:

- **Weeks 1–2:** Trauma-informed movement and/or embodied wellness practices
- **Weeks 3–4:** Community-defined arts, culture, and/or heritage-based activities

Workshops will be informed by participant feedback to ensure cultural relevance, accessibility, and personal meaning.



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Role and Responsibilities:

Workshop Development

- Design and build the workshop programming
- Support the co-design process, including supervisor insight and participant feedback
- Help shape session flow, activities, and learning objectives
- Contribute to reflection and documentation to inform future programming

Co-Facilitation

- Co-facilitate weekly workshop sessions alongside a second facilitator
- Support group safety, accessibility, and emotional containment
- Engage participants using peer-based and trauma-informed approaches
- Model peer support principles, boundaries, and relational care

Role Requirements:

Availability

- This is a hybrid placement
- In-person attendance may be required at our office near Square One (Mississauga) for workshop facilitation
- The student must be available during the organization's core business hours for meetings, supervision, and development work
- Evening availability is required to co-facilitate the workshop sessions, held on a weeknight during the workshop series (near the end of the student's placement)

We are seeking individuals with the following skills, qualities, and qualifications:

- As this is a peer-based placement, applicants **must** self-identify as a member of the community this workshop series is designed for: **2SLGBTQIA+ communities.**
- **Lived Experience with Loss:** A personal history of coping with the loss of a person is required. Candidates should feel at ease sharing their experiences in a peer-support setting, as this role involves co-facilitating workshops where a level of disclosure may be anticipated.
- **Passion for Grief Support:** Genuine interest in our mission and familiarity with our programs is essential.



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- **Group Facilitation Comfortability:** Willingness and readiness to co-facilitate grief group spaces.
- **Research & Resource Development:** Able to conduct academic/applied research and access various databases to inform workshop programming.
- **Anti-Oppressive Lens:** Strong understanding of anti-oppressive, intersectional principles and how they relate to grief and support.
- **Creativity & Communication:** Skilled in developing engaging, inclusive workshops with clear, thoughtful communication (written and verbal).
- **Tech Skills:** Proficient in Canva (required), Google Workspace (Docs, Sheets, Gmail), and navigating remote work tools.
- **Independence:** Comfortable working independently with initiative and accountability.
- **Device & Internet:** Reliable internet connection and device with audio/video capabilities required.
- **Additional Requirements:**
 - Vulnerable Sector Check (completed within the last 12 months)
 - Attend a facilitator training session to enhance skills and knowledge related to supporting grieving individuals

Supervision & Support:

The student will receive ongoing supervision and guidance from staff in a learning-focused placement environment.

Diversity and Inclusion Statement:

We are committed to fostering a space that celebrates diversity, equity, inclusion, and accessibility. We recognize the strength that comes from embracing a wide range of perspectives, backgrounds, and lived experiences, and we warmly welcome individuals from all walks of life to apply.

For this specific placement, applicants must self-identify as a member of the community outlined above. This requirement exists because the role involves peer-based programming with and for that community. Our work is grounded in peer support, shared lived experience, and culturally responsive practice, and we believe programming is strongest when it is developed and held by people with lived connection to the community it serves.

Applicants are also welcome to share other identities or lived experiences they hold (e.g., BIPOC, 2SLGBTQIA+, young adult (ages 18-24), senior/older adult (aged 65+), Indigenous). Sharing this information is optional, but helpful, as it may create opportunities to co-support or contribute to additional workshops alongside other students and facilitators, where appropriate and aligned with placement capacity.



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We particularly encourage women-identifying and gender-diverse individuals, racialized and Indigenous people, and people with disabilities who meet the above requirement to apply. We believe community-led and peer-based approaches enhance trust, safety, and relevance, and strengthen our ability to respond meaningfully to the experiences of the communities we support.

Application Instructions

1. Email your resume and cover letter to Victoria (she/her) at programs@bereavedfamilies.ca. Please include up to three general time slots for a (up to 1-hour) phone interview, which must occur on a weekday between the hours of 9:00am-4:00pm. For example, you might suggest availability like Monday mornings, Wednesday afternoons, or Friday mid-day. Please also share whether you prefer a video (Google Meets) interview over a phone interview.
2. Including your name, (optional) pronouns, days and hours of placement (if known or a general idea), estimated start date, and preferred contact information. **Applicants must confirm they have personal experience with loss and self-identity with the abovementioned community, as it is required for the role.**
3. Only successful applicants will be contacted for an interview.
4. Accommodations available upon request (contact Victoria) during the recruitment process.