



BEREAVED FAMILIES OF ONTARIO
HALTON/PEEL

10 for 10 Campaign

10 reasons why you could donate \$10 for 10 months

- 1) you can donate in memory of your loved one & have their name posted on the Memorials page of our website
- 2) you feel the desire to "give back" to BFO-HP in appreciation for the help you received through your grief journey
- 3) you will receive our sincere appreciation and enduring gratitude for your commitment to BFO-HP
- 4) the personal satisfaction of knowing that you are helping others benefit from our programs
- 5) you will help keep our doors open for the long-term so we can expand our services
- 6) you will be helping us educate the public about grief while breaking down barriers of discrimination, and reducing the stigma of death, dying and bereavement
- 7) you will enable us to reach out to the diverse populations within our community, while encouraging inclusive attitudes and supports
- 8) you will help reduce the isolation people can feel during the grief process and support us in helping the prevention of mental health issues
- 9) you will be encouraging children who are especially vulnerable during times of grief and stress
- 10) you will receive a tax receipt for your donation

To donate, go to www.canadahelps.org and enter *Bereaved Families of Ontario – Halton/Peel* in the "I Want to Give To" box.

